

## Who to Contact

### SHC Health Plan Office

Enrollment, premium, & coverage info. . . . . 801-422-2661  
1750 N. Wymount Terrace Dr., Provo, Utah 84604  
8 a.m. to 5 p.m., Monday through Friday

Email . . . . . healthplan@byu.edu

Fax . . . . . 801-422-0764

Online appointment scheduling. . . . . health.byu.edu

SHC appointment scheduling . . . . . 801-422-5156  
8 a.m. to 5:30 p.m., Monday through Friday

SHC preauthorization . . . . . 801-422-2771, option 5

SHC urgent care . . . . . 801-422-5128  
8 a.m. to 5:30 p.m., Monday through Friday  
8 a.m. to Noon on Saturday

### After-hours Emergencies

Blue Rock Medical . . . . . 801-375-2177

Revere Health . . . . . 801-812-5033

North Orem InstaCare . . . . . 801-714-5000

Provo InstaCare . . . . . 801-357-1770

Saratoga Springs InstaCare. . . . . 801-766-4567

Springville InstaCare . . . . . 801-429-1200

Utah Valley Urgent Care . . . . . 801-766-9822

Riverwood Urgent Care . . . . . 801-229-2011

American Fork Hospital (InstaCare). . . . . 801-492-2550

Mountain View Hospital . . . . . 801-465-7000

Orem Community Hospital (InstaCare) . . . . . 801-714-5000

Timpanogos Regional Hospital . . . . . 801-714-6000

### DMBA

Preauthorization . . . . . 800-777-3622

Billing address: . . . . . P.O. Box 45530  
Salt Lake City, Utah 84145

### DMBA's Preferred Provider Network

Utah & Southeast Idaho: DMBA Contract Providers  
800-777-3622 or www.dmba.com

Hawaii: MDX  
808-675-3972

All other states: UnitedHealthcare Options PPO  
866-633-2446 or www.myuhc.com

### Important Keys to Remember

- Diabetic supplies covered by the Student Health Plan are now available through any DMBA contracted pharmacy, including the SHC pharmacy. As of January 3, 2005,

covered diabetic supplies are covered at 80 percent when you fill the prescription at a contracted pharmacy. If you have questions about diabetic supplies, please contact DMBA.

- If you are a graduate student or continuing education student with less than 9 credit hours per semester, you will not be enrolled automatically in the plan. You will need to enroll for coverage online, in person at the SHC Health Plan Office or send an email to healthplan@byu.edu.
- DMBA will assign you a unique ID number. This DMBA ID number is your policy number. Contact DMBA if you do not receive your ID number.
- The SHC is your primary source of medical care. Only eligible services not available at the SHC will be approved for outside referral.
- Preauthorization from DMBA is required before you receive care outside the SHC. If you are referred by an SHC physician, preauthorization will occur automatically.
- Always receive care from providers who are contracted through DMBA's Preferred Provider Network. If you use non-contracted providers, your benefits will be lower.
- If you use non-contracted providers, you will be responsible to pay any charges over maximum allowable amounts.
- New dependents must be enrolled within 60 days of the qualifying event (marriage, birth, or adoption placement).
- Not all services are covered by the plan. Please read the exclusions to see which services are not covered.
- You may change your coverage option only during the open enrollment period before each semester/term or within 60 days of acquiring a new dependent through marriage, birth, or adoption.
- You may disenroll from the plan at the beginning of any semester or term by providing verification that you have other medical insurance that meets BYU's requirements.
- Coverage is effective the first day of classes and will end August 28, 2016 or when you graduate or lose your continuing student status, whichever comes first.
- Your student account will be charged the appropriate premium (based on the coverage option you choose) at the beginning of each semester and term during the academic year. This includes spring and summer terms.
- If you lose your private health insurance and choose to enroll in the Student Health Plan, your coverage will be **effective on the date the other coverage ended.**

**Access the Student Health Plan Handbook at [www.dmba.com/nsc/student/handbooks.aspx](http://www.dmba.com/nsc/student/handbooks.aspx)**

# BYU Student Health Plan



## 2016-2017

**August 29, 2016 to September 4, 2017**

- Insurance coverage is mandatory for continuing students and will remain in effect for a full year, including spring and summer terms
- Open enrollment ends on the last day to add/drop (one week after school starts)
- Most medical services are available from the Student Health Center
- No annual deductible
- Coverage for hospitalization
- Coverage for emergency care
- Optional coverage for dependents
- Out-of-area coverage

A Health Plan Administered by DMBA  
and the BYU Student Health Center

Coverage for Services Provided in the Student Health Center				
Copayment Per Service (You Pay)	You Pay After Copayment	The Plan Pays After Copayment	Primary care, most for:	
<b>\$10</b> (\$15 for urgent care)	<b>\$0</b>	<b>100%</b>	<ul style="list-style-type: none"> <li>• Dermatology</li> <li>• Diagnostic X-ray &amp; lab</li> <li>• Ear, nose, &amp; throat</li> <li>• Eating disorders</li> <li>• Family medicine</li> <li>• Gynecology</li> <li>• Medical equipment &amp; supplies</li> <li>• Mental health</li> <li>• Nutrition counseling</li> </ul>	<ul style="list-style-type: none"> <li>• Orthopedics</li> <li>• Pediatrics</li> <li>• Pharmacy*</li> <li>• Physical therapy</li> <li>• Podiatry</li> <li>• Psychiatry</li> <li>• Sports medicine</li> <li>• Substance abuse</li> <li>• Ultrasound</li> <li>• Urgent care</li> </ul>

Coverage for Physician Services Outside the SHC and Hospital Outpatient Care **				
Copayment Per Service (You Pay)	You Pay After Copayment	The Plan Pays After Copayment		
<b>\$25</b>	<b>20%</b> contracted providers  <b>50%</b> non-contracted providers	<b>80%***</b> contracted providers  <b>50%</b> non-contracted providers	<ul style="list-style-type: none"> <li>• Administration of anesthesia</li> <li>• Chemotherapy</li> <li>• Diagnostic laboratory services</li> <li>• Emergency care (\$50 copayment)</li> </ul>	<ul style="list-style-type: none"> <li>• Non-elective surgery</li> <li>• Office visits (if specialists are not available at SHC)</li> <li>• Physical therapy**** (up to 20 visits per academic year)</li> <li>• Radiation therapy</li> <li>• X-rays</li> </ul>

Coverage for Hospital Inpatient Care **				
Copayment Per Admission (You Pay)	You Pay After Copayment	The Plan Pays After Copayment		
<b>\$300</b> (Plus \$100 for newborn child)	<b>20%</b> contracted providers  <b>50%</b> non-contracted providers	<b>80%***</b> contracted providers  <b>50%</b> non-contracted providers	<ul style="list-style-type: none"> <li>• Anesthesia</li> <li>• Diagnostic laboratory services</li> <li>• Prescribed medications</li> <li>• Semi-private room</li> <li>• Surgery</li> <li>• X-rays</li> </ul>	

\* **Prescription Benefit:** At the SHC pharmacy, the plan pays 80% and you pay 20% for covered drugs. At participating VRx pharmacies, the plan pays 60% and you pay 40% for covered drugs. If you have any questions about help for high-cost or other drugs not covered by the plan, please discuss them with your SHC clinician.

\*\* Contact a DMBA authorization representative at 1-800-777-3622 before you receive the medical service.

\*\*\* Maximum benefit is \$30,000 per academic year for services outside the SHC. For coverage of medical expenses above the maximum benefit, refer to BYU's Large Claims Coverage Plan.

\*\*\*\* In Utah County, you must receive care at the BYU Student Health Center

Benefits for all services outside the SHC are based on the lesser of billed charges, contracted rates, or the maximum allowable charges for the services received, as determined by DMBA.

2016-2017 Premium Per Billing Period				
Coverage Option	Fall	Winter	Spring	Summer
One Single Student Only	\$296	\$296	\$148	\$148
One Married Student Only***	\$474	\$474	\$237	\$237
One Single Student With Dependent(s)	\$1,094	\$1,094	\$547	\$547
One Married Student with Dependent(s)	\$1,654	\$1,654	\$827	\$827

\*\*\* Maternity coverage is included for all students/policyholders. Non-student spouses must meet a \$6,500 deductible per pregnancy for all maternity services before they can receive regular benefits.

This pamphlet provides a brief description of plan benefits. It is not complete or a legal document.

For more information, access the Student Plan Handbook at:

[www.dmba.com/nsc/student/handbooks.aspx](http://www.dmba.com/nsc/student/handbooks.aspx)

or pick up a copy at the Student Health Center Health Plan Office.

The handbook provides you with an explanation of your benefits under the BYU Student Health Plan and constitutes a legal contract between you and DMBA.