

## Who to Contact

### SHC Health Plan Office

Enrollment, premium, coverage info . . . . . 801-422-2661

1750 N. Wymount Terrace Drive, Provo, UT 84604  
8 a.m. to 5 p.m., Monday through Friday

Email . . . . . healthplan@byu.edu  
Fax . . . . . 801-422-0764  
Online appointment scheduling . . . . . health.byu.edu  
SHC appointment scheduling . . . . . 801-422-5156

8 a.m. to 5:30 p.m., Monday through Friday

SHC preauthorization . . . . . 801-422-5147  
SHC urgent care . . . . . 801-422-5128

8 a.m. to 5:30 p.m., Monday through Friday  
Fall and winter semesters: 8 a.m. to noon on Saturday

### After-hours Emergencies

Blue Rock Medical . . . . . 801-375-2177  
Revere Health . . . . . 801-812-5033  
North Orem InstaCare . . . . . 801-714-5000  
Provo InstaCare . . . . . 801-357-1770  
Saratoga Springs InstaCare . . . . . 801-766-4567  
Springville InstaCare . . . . . 801-429-1200  
Utah Valley Urgent Care . . . . . 801-766-9822  
Riverwoods Urgent Care . . . . . 801-229-2011  
American Fork Hospital (InstaCare) . . . . . 801-492-2550  
Mountain View Hospital . . . . . 801-465-7000  
Timpanogos Regional Hospital . . . . . 801-714-6000

### DMBA

Preauthorization . . . . . 800-777-3622  
Billing address . . . . . P.O. Box 45530  
Salt Lake City, UT 84145

### DMBA's Preferred Provider Network

Utah and Southeast Idaho:  
DMBA Contracted Providers . . . . . 800-777-3622  
or www.dmba.com

Hawaii:  
MDX . . . . . 808-675-4873

All other states:  
UnitedHealthcare Options PPO . . . . . 866-633-2446  
or www.myuhc.com

## Important Keys to Remember

- Diabetic supplies covered by the Student Health Plan are now available through any DMBA contracted pharmacy, including the SHC pharmacy. As of January 3, 2005, covered diabetic supplies are covered at 80% when you

fill the prescription at a contracted pharmacy. If you have questions about diabetic supplies, please contact DMBA

- If you are a graduate student or continuing education student with fewer than nine credit hours per semester, you will not be enrolled automatically in the plan. You must enroll for coverage online, in person at the SHC Health Plan Office, or send an email to healthplan@byu.edu.
- DMBA will assign you a unique ID number. This DMBA ID number is your policy number. Contact DMBA if you do not receive your ID number.
- The SHC is your primary source of medical care. Only eligible services not available at the SHC will be approved for outside referral.
- Preauthorization from DMBA is required before you receive care outside the SHC. If you are referred by an SHC physician, preauthorization will occur automatically.
- Always receive care from providers who are contracted through DMBA's Preferred Provider Network. If you use non-contracted providers, your benefits will be lower.
- If you use non-contracted providers, you will be responsible to pay any charges over allowable amounts.
- New dependents must be enrolled within 60 days of the qualifying event (marriage, birth, or adoption placement).
- Not all services are covered by the plan. Please read the exclusions to see which services are not covered.
- You may change your coverage option only during the open enrollment period before each semester/term or within 60 days of acquiring a new dependent through marriage, birth, or adoption.
- You may disenroll from the plan at the beginning of any semester or term by providing verification that you have gained new medical insurance that meets BYU's requirements.
- Coverage is effective the first day of classes and will end Sept. 2, 2019, or when you graduate or lose your continuing student status, whichever comes first.
- Your student account will be charged the appropriate premium (based on the coverage option you choose) at the beginning of each semester and term during the academic year. This includes spring and summer terms.
- If you lose your private health insurance and choose to enroll in the Student Health Plan, your coverage will be **effective on the date the other coverage ended.**

**Access the Student Health Plan handbook at [www.dmba.com/nsc/student/handbooks.aspx](http://www.dmba.com/nsc/student/handbooks.aspx)**

# BYU Student Health Plan



## 2018-2019

Sept. 4, 2018 to Sept. 2, 2019

- Insurance coverage is mandatory for continuing students and will remain in effect for a full year, including spring and summer terms
- Open enrollment ends on the last day to add/drop (one week after school starts)
- Most medical services are available from the Student Health Center
- No annual deductible
- Coverage for hospitalization
- Coverage for emergency care
- Optional coverage for dependents
- Out-of-area coverage

A Health Plan Administered by DMBA and the BYU Student Health Center

## BRIGHAM YOUNG UNIVERSITY STUDENT HEALTH PLAN 2018-2019

Coverage for Services Provided in the Student Health Center			
Copayment Per Service (You Pay)	You Pay After Copayment	The Plan Pays After Copayment	
\$10 <small>(\$15 for urgent care)</small>	\$0	100%	Primary care, most for: <ul style="list-style-type: none"> <li>• Dermatology</li> <li>• Diagnostic X-ray and lab</li> <li>• Ear, nose, and throat</li> <li>• Eating disorders</li> <li>• Gynecology</li> <li>• Medical equipment/supplies</li> <li>• Mental health</li> <li>• Nutrition counseling</li> <li>• Orthopedics</li> </ul> <ul style="list-style-type: none"> <li>• Pediatrics</li> <li>• Pharmacy*</li> <li>• Physical therapy</li> <li>• Podiatry</li> <li>• Psychiatry</li> <li>• Sports medicine</li> <li>• Substance abuse</li> <li>• Ultrasound</li> <li>• Urgent care</li> </ul>

Coverage for Physician Services Outside the SHC and Hospital Outpatient Care**			
Copayment Per Service (You Pay)	You Pay After Copayment	The Plan Pays After Copayment	
\$25	20% contracted providers  50% non-contracted providers	80%*** contracted providers  50% non-contracted providers	<ul style="list-style-type: none"> <li>• Administration of anesthesia</li> <li>• Chemotherapy</li> <li>• Diagnostic laboratory services</li> <li>• Emergency care (\$50 copayment)</li> <li>• Non-elective surgery</li> </ul> <ul style="list-style-type: none"> <li>• Office visits (if specialists are not available at SHC)</li> <li>• Physical therapy**** (up to 20 visits per academic year)</li> <li>• Radiation therapy</li> <li>• X-rays</li> </ul>

Coverage for Hospital Inpatient Care			
Copayment per Admission (You Pay)	You Pay after Copayment	The Plan Pays After Copayment	
\$300 <small>(Plus \$100 for newborn child)</small>	20% contracted providers  50% non-contracted providers	80%*** contracted providers  50% non-contracted providers	<ul style="list-style-type: none"> <li>• Anesthesia</li> <li>• Diagnostic laboratory services</li> <li>• Prescribed medications</li> <li>• Semi-private room</li> <li>• Surgery</li> <li>• X-rays</li> </ul>

\* **Prescription Benefit:** At the SHC pharmacy, the plan pays 80% and you pay 20% for covered drugs. At participating VRx pharmacies, the plan pays 60% and you pay 40% for covered drugs. If you have any questions about help for high-cost or other drugs not covered by the plan, please discuss them with your SHC clinician.

\*\* Contact a DMBA authorization representative at 800-777-3622 before you receive the medical service.

\*\*\* Maximum benefit is \$30,000 per academic year for services outside the SHC. For coverage of medical expenses above the maximum benefit, refer to BYU's Large Claims Coverage Plan.

\*\*\*\* In Utah County, you must receive care at the BYU Student Health Center.

Benefits for all services outside the SHC are based on the lesser of billed charges, contracted rates, or the allowable amounts for the services received, as determined by DMBA.

2018-2019 Premium Per Billing Period				
Coverage Option	Fall	Winter	Spring	Summer
One Single Student Only	\$314	\$314	\$157	\$157
One Married Student Only***	\$502	\$502	\$251	\$251
One Single Student With Dependent(s)	\$1,160	\$1,160	\$580	\$580
One Married Student With Dependent(s)	\$1,754	\$1,754	\$877	\$877

\*\*\* Maternity coverage is included for all students/policyholders. Non-student spouses must meet a \$6,500 deductible per pregnancy for all maternity services before they can receive regular benefits.

This pamphlet provides a brief description of plan benefits. It is not complete or a legal document.

For more information, access the Student Plan handbook at:

[www.dmba.com/nsc/student/handbooks.aspx](http://www.dmba.com/nsc/student/handbooks.aspx)

or pick up a copy at the Student Health Center Health Plan Office.

The handbook provides you with an explanation of your benefits under the BYU Student Health Plan and constitutes a legal contract between you and DMBA.