

Who to Contact

SHC HEALTH PLAN OFFICE

Enrollment, premium, coverage info. . . . 801-422-2661
1750 N. Wymount Terrace Dr., 2nd Floor
Provo, UT 84604
8 a.m. to 5 p.m., Monday through Friday
Emailhealthplan@byu.edu
Fax 801-422-0764
Online appointment scheduling.health.byu.edu
SHC appointment scheduling. 801-422-5156
8 a.m. to 5:30 p.m., Monday through Friday
SHC preauthorization 801-422-5147
SHC urgent care 801-422-5128
8 a.m. to 5:30 p.m., Monday through Friday
Fall and winter semesters: 8 a.m. to noon on Saturday

AFTER-HOURS EMERGENCIES

American Fork Hospital (InstaCare) 801-492-2550
Blue Rock Medical 801-375-2177
Lehi Instacare 801-753-4310
Mountain View Hospital. 801-465-7000
Saratoga Springs InstaCare 801-341-5252
Spanish Fork InstaCare 385-344-6600
Timpanogos Regional Hospital 801-714-6000
Utah Valley Hospital 801-357-7850
Utah Valley InstaCare 801-357-1770

DMBA

Preauthorization. 800-777-3622
Billing address. P.O. Box 45530
Salt Lake City, UT 84145

DMBA'S PREFERRED PROVIDER NETWORK

Utah and Southeast Idaho:

DMBA Contracted Providers. 800-777-3622
or www.dmba.com

Hawaii: MDX 808-466-4077

All other states:

UnitedHealthcare Options PPO. 866-633-2446
or www.myuhc.com

Important Keys to Remember

- Diabetic supplies covered by the Student Health Plan are now available through any DMBA contracted pharmacy, including the SHC pharmacy. As of January 3, 2005, covered diabetic supplies are covered at 80% when you fill the prescription at a contracted pharmacy. If you have questions about diabetic supplies, please contact DMBA
- If you are a continuing education student with fewer than nine credit hours per semester, you will not be enrolled automatically in the plan. You must enroll for coverage online in person at the SHC Health Plan Office or by email to healthplan@byu.edu.
- DMBA will assign you a unique ID number. This DMBA ID number is your policy number. Contact DMBA for your insurance card.
- **The SHC is your primary source of medical care. Only eligible services not available at the SHC will be approved for outside referral.**
- **Preauthorization from DMBA is required before you receive care outside the SHC. If you are referred by an SHC physician, preauthorization will occur automatically.**
- Always receive care from providers who are contracted through DMBA's Preferred Provider Network. If you use non-contracted providers, your benefits will be lower.
- If you use non-contracted providers, you will be responsible to pay any charges over allowable amounts.
- New dependents must be enrolled within 60 days of the qualifying event (marriage, birth, or adoption placement).
- **Not all services are covered by the plan. Please read the exclusions to see which services are not covered.**
- You may change your coverage option only during the open enrollment period before each semester/term or within 60 days of acquiring a new dependent through marriage, birth, or adoption.
- You may disenroll from the plan at the beginning of any semester or term by providing verification that you have gained **new medical insurance** that meets BYU's requirements.
- Coverage is effective the first day of classes and will end Sep. 2, 2025, or when you graduate or lose your continuing student status, whichever comes first.
- Your student account will be billed the appropriate premium (based on the coverage option you choose) at the beginning of each month during the academic year. This includes spring and summer terms.
- If you lose your private health insurance and choose to enroll in the Student Health Plan, your coverage will be effective on the first day of the semester/term..

Access the Student Health Plan handbook at
www.dmba.com/nsc/student/handbooks.asp

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BYU Student Health Plan 2024-2025

SEP. 4, 2024 TO SEP. 2, 2025

- Insurance coverage is mandatory for continuing students and will remain in effect for a full academic year, including spring and summer terms
- **The Student Health Center is your primary care provider**
- Open enrollment ends on the last day to add/drop (one week after each semester/term starts)
- Most medical services are available from the Student Health Center
- No annual deductible
- Coverage for hospitalization
- Coverage for emergency care
- Optional coverage for dependents
- Out-of-area coverage



A Health Plan Administered by DMBA
and the BYU Student Health Center

BRIGHAM YOUNG UNIVERSITY STUDENT HEALTH PLAN 2024-2025

Coverage for Services Provided in the Student Health Center			
Copayment Per Service (You Pay)	You Pay After Copayment	The Plan Pays After Copayment	
\$10 (\$15 for urgent care)	\$0	100%	Primary care, most for: <ul style="list-style-type: none"> • Diagnostic X-ray and lab ⁵ • Ear, nose, and throat • Eating disorders • Gynecology • Medical equipment/supplies • Mental health • Nutrition counseling • Orthopedics • Pediatrics <ul style="list-style-type: none"> • Pharmacy ¹ • Physical therapy • Podiatry • Psychiatry • Sports medicine • Substance abuse • Ultrasound • Urgent care

Coverage for Physician Services Outside the SHC and Hospital Outpatient Care ²			
Copayment Per Service (You Pay)	You Pay After Copayment	The Plan Pays After Copayment	
\$25 ⁶	20% contracted providers 50% non-contracted providers	80% ³ contracted providers 50% non-contracted providers	<ul style="list-style-type: none"> • Administration of anesthesia • Chemotherapy • Diagnostic laboratory services • Emergency care (\$50 copayment) • Non-elective surgery <ul style="list-style-type: none"> • Office visits (if specialists are not available at SHC) • Physical therapy⁴ (up to 20 visits per academic year) • Radiation therapy • X-rays

Coverage for Hospital Inpatient Care			
Copayment per Admission (You Pay)	You Pay after Copayment	The Plan Pays After Copayment	
\$300 (Plus \$100 for newborn child)	20% contracted providers 50% non-contracted providers	80% ³ contracted providers 50% non-contracted providers	<ul style="list-style-type: none"> • Anesthesia • Diagnostic laboratory services • Prescribed medications • Semi-private room • Surgery • X-rays

2024-2025 Premium Per Billing Period				
Coverage Option	Fall	Winter	Spring	Summer
One Single Student Only	\$ 396	\$ 396	\$ 198	\$ 198
One Married Student Only***	\$ 632	\$ 632	\$ 316	\$ 316
One Single Student With Dependent(s)	\$ 1,464	\$ 1,464	\$ 732	\$ 732
One Married Student With Dependent(s)	\$ 2,210	\$ 2,210	\$ 1,105	\$ 1,105

Maternity coverage is included for all students/policyholders. Non-student spouses must meet a \$3,000 deductible per pregnancy for all maternity services before they can receive regular benefits.

This pamphlet provides a brief description of plan benefits. It is not complete or a legal document.

For more information, access the Student Plan handbook at:

www.dmba.com/nsc/student/handbooks.aspx

or pick up a copy at the Student Health Center Health Plan Office.

The handbook provides you with an explanation of your benefits under the BYU Student Health Plan and constitutes a legal contract between you and DMBA.

1. Prescription Benefit: At the SHC pharmacy, the plan pays 80% and you pay 20% for covered drugs. At participating Navitus pharmacies, the plan pays 60% and you pay 40% for covered drugs. At a non-network pharmacy, there is no coverage. If you have any questions about help for high-cost or other drugs not covered by the plan, please discuss them with your SHC clinician.
2. Contact a DMBA authorization representative at 800-777-3622 before you receive the medical service.
3. Maximum benefit is \$20,000 per academic year for services outside the SHC. For coverage of medical expenses above the maximum benefit, refer to BYU's Large Claims Coverage Plan.
4. In Utah County, you must receive care at the BYU Student Health Center.
5. For nearly all laboratory services, the SHC sends tests to outside providers. These services will be covered at 80%.
6. **If you don't preauthorize services you receive outside of the health centers, when necessary, you pay a \$100 copayment per service instead of the normal copayment.** Benefits for all services outside the SHC are based on the lesser of billed charges, contracted rates, or the allowable amounts for the services received, as determined by DMBA.