

Who to Contact

SHC HEALTH PLAN OFFICE

Enrollment, premium, coverage info. . . . 801-422-2661
1750 N. Wymount Terrace Dr., 2nd Floor
Provo, UT 84604
8 a.m. to 5 p.m., Monday through Friday

Emailhealthplan@byu.edu
Fax 801-422-0764
Online appointment scheduling.health.byu.edu
SHC appointment scheduling. 801-422-5156
8 a.m. to 5:30 p.m., Monday through Friday

SHC preauthorization 801-422-5147
SHC urgent care 801-422-5128
8 a.m. to 5:30 p.m., Monday through Friday
Fall and winter semesters: 8 a.m. to noon on Saturday

AFTER-HOURS EMERGENCIES

American Fork Hospital (InstaCare). . . . 801-492-2550
Blue Rock Medical 801-375-2177
Lehi Instacare 801-753-4310
Mountain View Hospital. 801-465-7000
Saratoga Springs InstaCare 801-341-5252
Spanish Fork InstaCare 385-344-6600
Timpanogos Regional Hospital 801-714-6000
Utah Valley Hospital 801-357-7850
Utah Valley InstaCare 801-357-1770

DMBA

Preauthorization. 800-777-3622
Billing address. P.O. Box 45530
Salt Lake City, UT 84145

DMBA'S PREFERRED PROVIDER NETWORK

Utah and Southeast Idaho:
DMBA Network Providers 800-777-3622
or www.dmba.com

Hawaii: MDX 808-466-4077

All other states:
UnitedHealthcare Options PPO. 866-633-2446
or www.myuhc.com

Important Keys to Remember

- There is a deductible of \$300 per person and \$600 per family. The deductible applies to all services (except prescription drugs) received outside the Student Health Center.
- Diabetic supplies covered by the Student Health Plan are now available through any DMBA in-network pharmacy, including the SHC pharmacy. Covered diabetic supplies are covered at 80% when you fill the prescription at an in-network pharmacy. For questions about diabetic supplies please contact DMBA.
- If you are a continuing education student with fewer than nine credit hours per semester, you will not be enrolled automatically in the plan. You must enroll for coverage online, in person at the SHC Health Plan Office, or by email to healthplan@byu.edu.
- DMBA will assign you a unique ID number. This DMBA ID number is your policy number. Contact DMBA for your insurance card.
- **The SHC is your primary source of medical care.**
- **If you are referred by an SHC physician, a referral will occur automatically.**
- Providers outside the SHC can request preauthorization through the Provider Portal at www.dmba.com.
- Always receive care from providers who are on DMBA's Preferred Provider Network. If you use out-of-network providers, your benefits will be lower.
- If you use out-of-network providers, you will be responsible to pay any charges over allowable amounts.
- New dependents must be enrolled within 60 days of the qualifying event (marriage, birth, or adoption placement).
- **Not all services are covered by the plan. Please read the exclusions to see which services are not covered.**
- You may change your coverage option only during the open enrollment period before each semester/term or within 60 days of acquiring a new dependent through marriage, birth, or adoption.
- You may disenroll from the plan at the beginning of any semester or term by providing verification that you have gained **new medical insurance** that meets BYU's requirements.
- Coverage is effective the first day of classes and will end Sep. 1, 2026, or when you graduate or lose your continuing student status, whichever comes first.
- Your student account will be billed the appropriate premium (based on the coverage option you choose) at the beginning of each month during the academic year. This includes spring and summer terms.
- If you lose your private health insurance and choose to enroll in the Student Health Plan, your coverage will be effective on the first day of the semester/term.

Access the Student Health Plan handbook at
www.dmba.com/nsc/student/handbooks.asp

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BYU Student Health Plan 2025-2026

SEP. 3, 2025, TO SEP. 1, 2026

- Insurance coverage is mandatory for continuing students and will remain in effect for a full academic year, including spring and summer terms
- **The Student Health Center is your primary care provider**
- Open enrollment ends on the last day to add/drop (one week after each semester/term starts)
- Most medical services are available from the Student Health Center
- Deductible is \$300 per person and \$600 per family
- Coverage for hospitalization
- Coverage for emergency care
- Optional coverage for dependents
- Out-of-area coverage



A Health Plan Administered by DMBA
and the BYU Student Health Center

BRIGHAM YOUNG UNIVERSITY STUDENT HEALTH PLAN 2025-2026

Coverage for Services Provided in the Student Health Center				
You Pay Copayment per Service	You Pay Towards Deductible	You Pay After Copayment	Plan Pays After Copayment	
\$10	Does not apply	\$0	100%	<ul style="list-style-type: none"> Primary care Diagnostic X-ray Diagnostic lab Ear, nose, and throat Eating disorder Gynecology Medical equipment Medical supplies Mental health
\$15 for urgent care				<ul style="list-style-type: none"> Orthopedics Pediatrics Pharmacy Physical therapy Podiatry Psychiatry Sports medicine Substance abuse Ultrasound

Coverage for Physician Services Outside the SHC and Hospital Outpatient Care				
You Pay Copayment per Service	You Pay Towards Deductible	You Pay After Copayment and Deductible Are Met	Plan Pays After Copayment and Deductible Are Met	
\$25	\$300 per person	20% in-network providers	80% in-network providers	<ul style="list-style-type: none"> Administration of anesthesia Chemotherapy Diagnostic lab Emergency care (\$50 copayment) Non-elective surgery Office visits (you will pay less at the SHC) Physical therapy (up to 20 visits per academic year) Radiation therapy X-ray
	\$600 per family	50% out-of-network providers	50% out-of-network providers	

Coverage for Hospital Inpatient Care				
You Pay Copayment per Service	You Pay Towards Deductible	You Pay After Copayment and Deductible Are Met	Plan Pays After Copayment and Deductible Are Met	
\$300 plus \$100 for a newborn child	\$300 per person	20% in-network providers	80% in-network providers	<ul style="list-style-type: none"> Anesthesia Diagnostic lab Prescribed medications Semi-private room Surgery X-ray
	\$600 per family	50% out-of-network providers	50% out-of-network providers	

2025-2026 Premium Per Billing Period				
Coverage Option	Fall	Winter	Spring	Summer
Single Student Only	\$ 432	\$ 432	\$ 216	\$ 216
Married Student Only	\$ 688	\$ 688	\$ 344	\$ 344
Single Student with Dependent(s)	\$ 1,596	\$ 1,596	\$ 798	\$ 798
Married Student with Dependent(s)	\$ 2,408	\$ 2,408	\$ 1,204	\$ 1,204

Maternity coverage is included for all student contract holders with no additional deductible. An eligible non-student spouse or dependent must meet an additional \$3,000 deductible before the plan pays for maternity care.

This pamphlet provides a brief description of plan benefits. It is not complete or a legal document.

For more information, access the Student Health Plan handbook at:

www.dmba.com/nsc/student/handbooks.aspx

The handbook provides you with an explanation of your benefits under the BYU Student Health Plan and constitutes a legal contract between you and DMBA.

1. Prescription Benefit: At the SHC pharmacy, the plan pays 80% and you pay 20% for covered drugs. At participating Navitus pharmacies, the plan pays 60% and you pay 40% for covered drugs. At a non-network pharmacy, there is no coverage. If you have questions about how to get help for high-cost drugs not covered by the plan, please discuss them with your SHC clinician.
2. To maximize benefits, call DMBA at 800-777-3622 to preauthorize services received outside of the health centers. Office visits outside of the health centers generally do not require preauthorization. Services performed during an office visit (tests, labs, surgery, etc.) may require preauthorization. Providers can request preauthorization through the Provider Portal at www.dmba.com.
3. Maximum benefit is \$20,000 per academic year for services outside the SHC. For coverage of medical expenses above the maximum benefit, refer to BYU's Large Claims Coverage Plan.
4. In Utah County, you must receive care at the BYU Student Health Center.
5. The health centers send nearly all lab tests to an outside provider. Until you meet your deductible, you are billed 100% for these services. After that, services are covered at 80%.